



THE CORACLE

Spiritual Formation Ministry
For more information contact Deacon Kathy Holman
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Understanding Christian Spirituality – This course is an overview of Christian Spirituality intended to introduce participants to Christian spiritual thought through study, lectures, group discussion and reflection. Topics include *Imaging God, Spirituality of Children, Contemplative Practice, and Spirituality in Social Justice*. This is an 8-month program which will meet on the second Saturday of every month from October through May – 9 a.m. to 2 p.m. (Facilitated by Kathy Holman)

Program fee - \$175 plus the cost of books
There is a \$25 nonrefundable registration fee which is applicable to program fee.

Parenting: A Sacred Path – This program is intended to foster awareness of one's personal spiritual path in the context of parenting. Based on Patience Robbins' book, our sessions will be structured on a meditation and will include small-group discussion and large-group processing.

Program fee - \$80 includes book

Wednesday mornings – Aug. 26 – Oct. 7 10 a.m. – 12 noon
Facilitated by Kathy Holman

Spring session is planned – exact dates to be announced

Contemplative Prayer Practice – Two 6-week contemplative prayer group sessions will be offered this year on Sunday evenings from 5 to 7. Participants will be introduced to Abbot Basil Pennington's models of Lectio Divina and Centering Prayer. Sessions will include teaching, practice, and reflection of prayer experience. Regular attendance will be expected.

Session I – Aug. 16 – Sept. 20 (in process)
Session II – Jan. 10 – Feb. 11